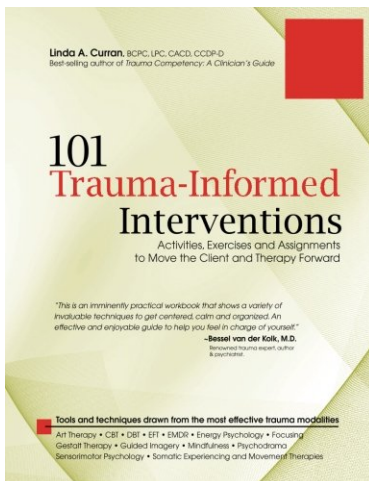


# [PDF] 101 Trauma-Informed Interventions: Activities, Exercises And Assignments To Move The Client And Therapy Forward

Linda Curran - pdf download free book

---



## Books Details:

Title: 101 Trauma-Informed Interventions

Author: Linda Curran

Released:

Language:

Pages: 210

ISBN: 193612842X

ISBN13: 9781936128426

ASIN: 193612842X

[\*\*CLICK HERE FOR DOWNLOAD\*\*](#)

---

pdf, mobi, epub, azw, kindle

## Description:

This is the workbook that all mental health professionals wish they had at the beginning of their careers. Containing **over 100 approaches** to effectively deal with trauma, this workbook pulls together a wide array of treatments into one concise resource. Equally useful in both group and individual settings, these interventions will **provide hope and healing for the client**, as well as expand and solidify the

professional's expertise.

Tools and techniques drawn from the most effective trauma modalities:

- Art Therapy
  - CBT
  - DBT
  - EFT
  - EMDR
  - Energy Psychology
  - Focusing
  - Gestalt Therapy
  - Guided Imagery
  - Mindfulness
  - Psychodrama
  - Sensorimotor Psychology
  - Somatic Experiencing and Movement Therapies
- 

- Title: 101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward
  - Author: Linda Curran
  - Released:
  - Language:
  - Pages: 210
  - ISBN: 193612842X
  - ISBN13: 9781936128426
  - ASIN: 193612842X
-