

[PDF] Dry All Night: The Picture Book Technique That Stops Bedwetting

**Alison Mack, Miriam Tobias, David Wilensky - pdf download
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Books Details:

Title: Dry All Night: The Picture Bo
Author: Alison Mack, Miriam Tobias,
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Description:

From Library Journal The lone title uncovered at the local library against which to compare this book--Dr. Robert L. Rowan's *Bed-Wetting: A Guide for Parents* (St. Martin's, 1974)--contains this stunningly negative statement: "The majority of children who develop the pattern of bed-wetting, however, do so in a desire to influence the family or social environment about them, as a response to anxiety or hostility, or as a means for challenging parental control." Even though this book is written by a layperson, its approach, layout, and factual information are far superior to Rowan's. Mack's excellent book is designed to be used by both parents and children. First, she discusses the medical and psychological aspects of enuresis and encourages parents to apply positive reinforcement. She

follows this with a picture book for school-age children which uses imagery, repetition, and commonality to help children achieve nighttime bladder control. Recommended.

- *K.E. Megginson, VA Medical Ctr., Fayetteville, Ark.*

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